

Now you're ready to Easy Stroll™. Here's how: Reach in and grab the hand grip as shown above. With Easy Stroll™, there is little need to use arm or back strength when pushing your stroller. Simply change the direction you're walking and the stroller will effortlessly change directions with you. To turn the stroller to the right, walk slightly to the left. The leverage of your entire body will easily turn the stroller to the right. Some of the control still comes from your arm, but most of the control comes from moving your feet. (Hint: the most common mistake made when using Easy Stroll™ is trying to control it with your arm. Steer with your feet, not your arms). After a short period of time, operation of the stroller becomes second nature and your strolling will never be the same. Your free hand can swing naturally as it would while walking without a stroller or used for other tasks, such as holding hands with another child, carrying a bag of groceries, walking the dog, etc. In addition to freeing up a hand, Easy Stroll™ is a more natural and comfortable way of pushing a stroller, which in turn reduces stress on your shoulders and back.

WARNING – Do not remove any parts from the stroller to make Easy Stroll™ fit. If you do so...do so at your own risk. Always use two hands on the stroller manufacturers handle when pushing a stroller down hill.



5-MINUTE
INSTALLATION



REQUIRES
PHILLIPS
SCREW
DRIVER

Instructions and User Guide

Easy Stroll is one product with two benefits.....convenience and comfort.

Convenience.....Easy Stroll™ provides total control of the stroller with just one hand. Your free hand can swing naturally as it would while walking without a stroller or can be used for other tasks, such as carrying a bag of groceries or holding hands with another child. A free hand is needed at some point virtually every time a stroller is used. Easy Stroll™ gives you this new freedom.

Comfort.....Easy Stroll™ is an ergonomic stroller handle that promotes proper posture. Baby Strollers without Easy Stroll™, require two hands for operation. "Hunching" over the stroller puts an unnatural curve in your spine. Unfortunately, these improper body mechanics are unavoidable when pushing a stroller with two hands. Over time, it manifests itself as fatigue and/or discomfort in the back and arms. The good news is Easy Stroll™ fixes the problem. Using single handed operation, Easy Stroll™ straightens your back and allows for "normal" posture when pushing the stroller. There is no arm or back strain.

Easy Stroll™ works on most strollers that have standard handles with rubber or foam hand grips.



Standard Handles



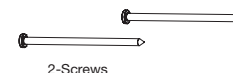
Umbrella Handles

Easy Stroll™ does not work with Umbrella type stroller handles or strollers with hard plastic hand grips.

Contents:



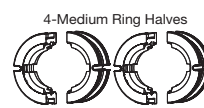
4-Large Ring Halves



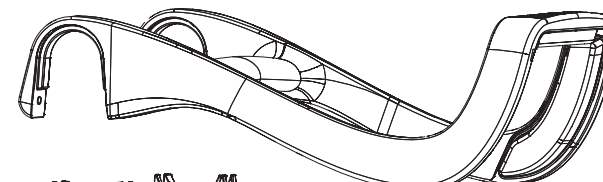
2-Screws



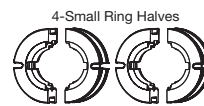
3-Rubberbands



4-Medium Ring Halves



1-Handle



4-Small Ring Halves



2-Wedges



Instructions:

Easy Stroll™ comes with 3 ring sizes (Small – S, Medium – M, and Large – L) to fit a variety of strollers. You will need to find the one ring size that fits your stroller. At the end of the installation, you will have 2 complete ring sets (8 ring halves) that will not be used.

- 1 Locate the 4 Medium (M) ring halves by finding the M on the ring pieces as shown.
- 2 Assemble the 2 full rings making sure the peg on one ring half is inserted into the hole in the other ring half.
- 3 Place a rubber band around each full ring so it rests in the notches and holds the rings together. Assembly requires only two rubber bands. A third rubber band is provided as a spare.
- 4 Use the Ring Location Guide at the top of this page to place the 2 rings around the stroller handle. Each ring should be the same distance from the center point of the stroller handle. Open one side of the ring, place it around the handle and allow it to close. The rubber band will hold it in place. Press the ring halves together. If they almost touch and the rings have a firm grip on the handle, it is a good fit. If the medium sized ring halves easily touch and the rings can rotate around the stroller manufacturer's handle grip they are too big – try the small (S) size. If the medium sized ring halves aren't close to touching, they are too small – try the large (L) size. Make sure the rings are equal distances from the center point of the stroller manufacturer's handle.
- 5 Guide the “hook” ends of the Easy Stroll™ handle into the grooves on the rings making sure the pegs are lined up with the holes.
- 6 Place the wedge pieces in the open end of the hook.
- 7 Inserts screws and tighten with a Phillips screw driver.
- 8 Rotate the Easy Stroll™ handle up and down. The motion should be smooth. If it is not smooth and there are large gaps between the rings halves, remove the Easy Stroll™ Handle and try a larger ring size. The rings should stay in place and the Easy Stroll™ handle should revolve around the rings. If the rings are rotating around the stroller manufacturer's handle grip, the ring size is too big. Remove the Easy Stroll™ handle and use a smaller ring size.

